

**DERBYSHIRE ATHLETICS**  
**CROSS COUNTRY CHAMPIONSHIPS 2014**  
(in association with Nottinghamshire A. A. A.)

**At Shipley Park, Heanor DE75 7GX on Saturday 4th January 2014**

CLOSING DATE FOR ALL ENTRIES WILL BE FRIDAY 6th DECEMBER 2013  
(Permit No. 2014005)

**Absolutely no late entries will be accepted**

**EVENTS**

11.00am	U11 Girls 1500mts (approx)	11.15am	U11 Boys 1500m (approx)
12.45pm	U13 Girls 3000mts (approx)	12.05pm	U13 Boys 3000mts (approx)
2.00pm	U15 Girls 4000mts (approx.)	2.20pm	U15 Boys 4500mts (approx)
1.30pm	U17/U20 Women 5000mts (approx)	11.30am	U17 Men 6000mts (approx)
11.55am	Senior/ Veteran Women 8000mts (approx)	12.35pm	U20/Senior/Vet Men 10,000mts (approx)

**AGE LIMITS**

Under 11 Boys & Girls 9 or 10 years on the day of the race (4<sup>th</sup> Jan 2014)  
Under 13 Boys & Girls 11 on the day (4<sup>th</sup> Jan 2014), and Under 13 on 1st September 2013  
Under 15 Boys & Girls under 15 on 1st September 2013  
Under 17 Men & Women under 17 on 1st September 2013  
Under 20 Men & Women under 20 on 1st September 2013  
Senior Men & Women 20 or over on 1st September 2013  
Masters Men 40-49, 50-59, 60-69, over 70 on the day of the race (4<sup>th</sup> Jan 2014)  
Masters Women 40-49, 50-59, over 60 on the day of the race (4<sup>th</sup> Jan 2014)

**TEAMS**

There will be team races in all age groups. Three to score in all races except Senior/Masters Women four to score irrespective of age groups, Senior Men, which will be five to score, and the Masters Men four to score, irrespective of individual age category.

No team entry fees - enter as individuals.

**All affiliated athletes MUST include your individual England Athletics Affiliation Number on the entry form**

**ENTRY FEES**

Under 11, Under 13 £5.00; Under 15, Under 17 £5.50; All others £6.00. (Unaffiliated £2.00 extra)

**(Cheques and postal orders made payable to Derbyshire Athletics, Derbyshire A. or D.A.)**

- **Block entries to INCLUDE ALL the details required as on a single entry form for EACH individual (any entries NOT providing this information may be returned for completion)**
- All runners are to wear club/school, County, Area, National or, International vests. Athletes wearing any other vest risk being disqualified unless they have the Referee's permission. **First claim Club vests only should be worn for the team races**
- Derbyshire medals will be awarded to the first three individuals in each race and age category. Medals will be awarded to the first three teams in each age group
- Runners must have been born in Derbyshire or, have been resident in the County for at least 9 months or, based in the County as a member of H. M. Forces before the date of the Championships. Runners are ineligible if they have competed in another County's Championships in the last 12 months
- **Numbers to be collected only by an age group Team Manager on the day. A Timetable will be available, and list of entries may be available, on [www.derbyshireathletics.org.uk](http://www.derbyshireathletics.org.uk).**

**\*\*Runners will be disqualified if using any electronic device during their race.\*\***

**CLOSING DATE FOR ENTRIES: Friday 6th December 2013 to:-**

**Mrs Julie Feeney, 42 Jodrell Avenue, Belper DE56 0DY**

Championships entry queries to [Derbyshirechamps@hotmail.co.uk](mailto:Derbyshirechamps@hotmail.co.uk).

**ENTRY FORM**

I declare that I am an amateur according to UKA Rules and have a County qualification by birth or, residence/ or, H.M. Forces **(delete as necessary)**

Name .....

Address.....

.....

.....

.....

Club/school .....

England Athletics Affiliation No. ....

Tel no. (include STD).....

Email.....

Date of Birth.....

Age Group .....Girls/Boys/Women/Men (delete as necessary)

Entry fee enclosed £.....

**BLOCK ENTRIES will only be accepted if they CONTAIN ALL the above details for each individual.**

**AGE GROUP TEAM MANAGERS ONLY TO COLLECT NUMBERS ON THE DAY**

[www.derbyshireathletics.org.uk](http://www.derbyshireathletics.org.uk)

Championships entry queries to [Derbyshirechamps@hotmail.co.uk](mailto:Derbyshirechamps@hotmail.co.uk).