

## **Derbyshire and Nottinghamshire Track and Field Championships Athletes Information**

Track athletes must **register in person** in the Derby AC clubroom no later than **45 minutes** before their event is timetabled to begin. **PLEASE NOTE THAT FAILURE TO REGISTER MEANS YOU CANNOT COMPETE IN THAT EVENT**

Field Event athletes are to report direct to competition area **30 minutes** before event is due to begin.

**Relay declarations and letter collection times will be timetabled for both days.**

Athletes to report in **person, each day** for all events, please retain numbers for use on both days.

Private throwing implements to be presented to Equipment Room (upstairs above the DAC clubroom) for checking at least **1 hour** before event is timetabled to begin.

In field events (except high jump and pole vault) all athletes will have 4 trials (anyone achieving AAA Grade 1, in that event, will have a further 2 trials); Seniors and Masters will have six trials.

Numbers are to be worn **front and back** (except for pole vault and high jump). Please pin numbers at each corner.

A Club, School, County, Area, National or International vest **MUST** be worn by all competitors (Rule 17). ***If you have none of these a plain white vest/t-shirt can be worn***

U13, U15 and U17 athletes may compete in a maximum of 3 individual events on one day (Rule 107)

U20 athletes may compete in a maximum of 5 individual events in one day (Rule 107)

Only competing Athletes and Technical Officials are allowed in the competition area for Health & Safety reasons. Please **do not** cross the in-field.

No electronic devices to be used in the competition area by anyone for health & safety reasons. **Athletes failing to comply will lead to disqualification.**

Length of spike is limited to 6mm

**The false start rule will apply to U17, U20 and Senior competitions (Rule 111 (14A))**

Qualification for Track finals, from Heats, shall be 1<sup>st</sup> place and the appropriate number of fastest losers.

All members of relay teams must have same county qualification (i.e. all Notts or, all Derbys) and wear the same registered club colours. Athletes can only compete in the relay for their first claim club.

Masters categories are as follows Men and Women, 35 to 49, 50 to 59 and 60+.

Presentations will take place as soon as possible after event. All trophies are to be signed for by athlete (Parent or Guardian if under 16).

**In the event of unforeseen circumstances there will be no refund of entry fee.**

**Only Officials are to park on the hard ground outside the Derby AC clubroom.**

Athletes and spectators are to park in the overspill car park on the grass areas close to the outside throwing areas (Pitch 2 – without goal posts)

**Any Senior or U20 athletes interested in representing Derbyshire at the CAU Championships at Bedford on 23<sup>rd</sup> - 24<sup>th</sup> August please contact Julie Feeney ([feeney@mailbox60.freeserve.co.uk](mailto:feeney@mailbox60.freeserve.co.uk)) by 20<sup>th</sup> July.**

**For any Championship only enquiries contact: [Derbyshirechamps@hotmail.co.uk](mailto:Derbyshirechamps@hotmail.co.uk)**