

DERBYSHIRE ATHLETICS
CROSS COUNTRY CHAMPIONSHIPS 2016
(in association with Nottinghamshire A.A.A.)
at Shipley Park, Heanor on Saturday 9th January 2016

CLOSING DATE FOR ALL ENTRIES WILL BE FRIDAY 11th DECEMBER 2015
(Permit applied for)

Absolutely no late entries will be accepted

EVENTS

11.00am	U11 Girls 1500mts (approx)	11.15am	U11 Boys 1500m (approx)
12.45pm	U13 Girls 3000mts (approx)	12.05pm	U13 Boys 3000mts (approx)
2.00pm	U15 Girls 4000mts (approx.)	2.20pm	U15 Boys 4500mts (approx)
1.30pm	U17/U20 Women 5000mts (approx)	11.30am	U17 Men 6000mts (approx)
11.55am	Senior/ Veteran Women 8000mts (approx)	12.35pm	U20/Senior/Vet Men 10,000mts (approx)

AGE LIMITS

Under 11 Boys & Girls - 9 or 10 years on the day of the race (9th Jan 2016)
Under 13 Boys & Girls - 11 on the day (9th Jan 2016), and Under 13 on 1st September 2015
Under 15 Boys & Girls - under 15 on 1st September 2015
Under 17 Men & Women - under 17 on 1st September 2015
Under 20 Men & Women - under 20 on 1st September 2015
Senior Men & Women - 20 or over on 1st September 2015
Masters Men (M40, M50, M60, M70) - ages on the day of the race (9th Jan 2016)
Masters Women (W40, W50, W60) – ages on the day of the race (9th Jan 2016)

TEAMS

There will be team races in most age groups. Three to score in all races except Senior/Masters Women where four to score irrespective of age groups; Senior Men, five to score; and the Masters Men four to score, irrespective of individual Masters age category.
No team entry fees - enter as individuals.

All affiliated athletes MUST include your individual England Athletics Affiliation Number on the entry form

ENTRY FEES

Under 11, Under 13 - £5.00; Under 15, Under 17 - £5.50; All others £6.00. (Unaffiliated £2.00 extra)

(Cheques and postal orders made payable to Derbyshire Athletics or, D.A.)

- **Block entries to INCLUDE ALL the details required as on a single entry form for EACH individual (any entries NOT providing this information may be returned for completion)**
- All runners are to wear club/school kit, County, Area, National or, International vests. Athletes wearing any other vest risk being disqualified unless they have the Referee's permission. **First claim Club vests only should be worn for the team races**
- Derbyshire medals will be awarded to the first three individuals in each race and age category. Medals will be awarded to the first three teams in each age group
- Runners must have been born in Derbyshire or, have been resident in the County for at least 9 months or, based in the County as a member of H. M. Forces before the date of the Championships. Runners are ineligible if they have competed in another County's Championships in the last 12 months
- **Numbers to be collected only by an age group Club/School Team Manager on the day. A Timetable will be available, and list of entries may be available, on derbyshireathletics.org.uk**

****Runners will be disqualified if using any electronic device during their race.****

CLOSING DATE FOR ENTRIES: Friday 11th December 2015 to:-

Mrs Julie Feeney, 42 Jodrell Avenue, Belper DE56 0DY

Championships entry queries to Derbyshirechamps@hotmail.co.uk.

ENTRY FORM

I declare that I am an amateur according to UKA Rules and have a County qualification by **birth** or, **residence** or, **H.M. Forces** (*delete as necessary*)

Name

Address.....

.....

.....

.....

Club/school

England Athletics Registration No.

Tel no. (include Area Code Mob no.....

Email.....

Date of Birth.....

Age Group Girls/ Boys/ Women/ Men (delete as necessary)

Entry fee enclosed £.....

BLOCK ENTRIES will only be accepted if they CONTAIN ALL the above details for each individual.

AGE GROUP CLUB TEAM MANAGERS ONLY TO COLLECT NUMBERS ON THE DAY

derbyshireathletics.org.uk

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