



**DERBYSHIRE ATHLETICS &
NOTTINGHAMSHIRE A.A.A.
U11's QuadKids Competition**

As part of the
**Joint Derbyshire & Nottinghamshire
COUNTY TRACK & FIELD CHAMPIONSHIPS 2017**
At Moorways Stadium, Moor Lane, Allenton, Derby.
Saturday & Sunday 13th & 14th May 2017

Take part in QuadKids - the exciting athletics quadrathlon competition for young athletes, being held at the Derbyshire and Nottinghamshire County Championships. For boys and girls in school years 4 and 5 (must be aged 9 or 10 years on the day of the competition). Open to all – you do not have to be a member of an athletics club.

Each athlete competes in a 75m sprint, a 600m run, long jump and a howler javelin throw. Athletes rotate around all 4 events. Points are gained decathlon-style – the faster you run and the further you throw and jump the more points you get. Medals for top boys and girls (total of the four events) in each county.

Saturday 13th May 2017 Nottinghamshire Girls and Boys

Sunday 14th May 2017 Derbyshire Girls and Boys

Limit of 50 athletes max per day. Closing date for entries 26th April 2017

Entry form

Full Name: _____ Male Female

Full Postal Address: _____

Tel No: (Home) _____ (Mobile) _____

Email: _____

Date of Birth: _____ Age at 13th May 2017 (Nott's entrants) _____ Years _____ Months.

Age at 14th May 2017 (Derbys' entrants) _____ Years _____ Months.

School or Athletics club to represent: _____

School Year 4 School Year 5

I go to a Nottinghamshire school and I am entering the Nottinghamshire competition on 13th May 2017

I go to a Derbyshire school and I am entering the Derbyshire competition on 14th May 2017

I enclose £5 entry fee (cheque or postal order made payable to Derbyshire Athletics regardless of which county competition you are entering) Please write athlete's name on reverse.

I enclose a C5 stamped addressed envelope (use correct postage) with entry form for return of number and timetable.

Entries to: **Julie Brown, 5, Sovereign Way, Oakwood, Derby. DE21 2XU**

ABSOLUTELY NO LATE ENTRIES WILL BE ACCEPTED CLOSING DATE 26th April 2017

Entries received after the maximum field is reached will be returned. Medals will be awarded to the first three individuals in each county. County qualification is by school, i.e. entrants who go to a Nottinghamshire school enter Nottinghamshire competition. Members of athletics clubs may choose to represent their club provided the school qualification is met. Suitable clothing and footwear to be worn, e.g. School PE kit, Club vest, Trainers etc. Athletes must register on the day 60mins before their first event. A stamped self-addressed envelope MUST be included with the entry form and fee. The timetable and numbers will be sent to all competitors in advance. No collection of numbers on the day.

Derbyshire Athletics website <http://derbyshireathletics.org.uk> Nottinghamshire A.A.A. website <http://www.nottsaaa.org> (v1/17)