

# DERBYSHIRE MINI LEAGUE

## SPORTSHALL ATHLETICS



### 2017/2018 League Rules and Guidelines.

#### DATES

- The Competitions will take place on the following dates at the Queens Park Leisure Centre, Chesterfield.

Sunday 29<sup>th</sup> October 2017  
Sunday 12<sup>th</sup> November 2017  
Sunday 3<sup>rd</sup> December 2017  
Sunday 17<sup>th</sup> December 2017  
Sunday 28<sup>th</sup> January 2018  
Sunday 25<sup>th</sup> February 2018

- Each Competition will commence at 1.30pm

#### ELIGIBILITY

- All competing athletes must be current first-claim members of the club they are representing.
- Competitors must wear their athletic club's colours (vest or identifiable club T-shirt). **Competition points will not be awarded and Mini League records cannot be claimed by athletes who are not wearing club colours.**
- Athletes must be at least 9 years of age on the date of the competition to compete. Children aged 8 and below are only entitled to enter the U9s' non-scoring race.
- In general, the age groups are: U11s - school years 4, 5 and 6, U13s – Yrs 7 and 8, U15s – Yrs 9 and 10, aged as present school year starting Sept 2017.
- U17s may guest in any event as a non-scorer.
- Athletes may compete outside their age group in order to access a better standard of competition but will be classed as a non-scoring athlete in that age group.
- Guest clubs who are not a Derbyshire club will compete as non-scorers in the match. Guest athletes who better an existing Mini League record in their age group will have this recorded under Guest Records. Guest athletes will be eligible for any Record Breaker awards.

#### SCORING

- Match points will be awarded in each event as follows:

Individual events: 1<sup>st</sup> 10 pts; 2<sup>nd</sup> 9 pts; 3<sup>rd</sup> 8 pts; 4<sup>th</sup> 7 pts; 5<sup>th</sup> 6 pts; 6<sup>th</sup> 5 pts; 7<sup>th</sup> 4 pts; 8<sup>th</sup> 3 pts; 9<sup>th</sup> 2 pts; 10<sup>th</sup> 1 pt.

Relays (including parlauf): 10 pts; 8 pts; 6 pts; 4 pts; 2 pts.

---

# DERBYSHIRE MINI LEAGUE

## SPORTSHALL ATHLETICS

---

- League points will be allocated according to the number of eligible teams competing in each match as follows (for a 5 club competition):

1<sup>st</sup> 5pts; 2<sup>nd</sup> 4pts; 3<sup>rd</sup> 3pts; 4<sup>th</sup> 2pts; 5<sup>th</sup> 1pt.

### OFFICIALS

- Participating clubs must provide Team Managers and Officials at each event. Clubs will share a rota for the field events and all clubs are requested to bring timekeepers and track judges at each match.

### FORMAT

- Two competitors from each athletic club will be eligible to score in each individual event and one team from each athletic club will be eligible to score in a relay or parlauf.
- Track events will be run in one or more races (heats) dependent on the number of competitors. The allocation of points towards the team score will be as follows: in the case of there being only one race, the points are based on the order returned by the track judges; where there is more than one heat, the points are based on performances (regardless of the finishing position in the heat), i.e. a time-trial, with points shared in the event of scoring athletes recording the same time.
- The allocation of points towards the team score in field events will be based on the best performance of each athlete as reported back by the field judges. UKA Rules 121 (7), 126 (2,3), 130(2,3).
- All athletes (Under 11, Under13 and Under 15 girls and boys) may only compete in **three events plus a relay**. They cannot take part in any other events.
- Non-scoring 1 lap races will be held for the under 9s. They may not score or guest in any other event.
- **Any competitor competing in more than the allowed number of events will automatically be classed as a non-scorer in ALL the events in which they may have participated.**
- Competitors must wear clearly visible identification numbers (see below). Clubs must provide these numbers for their own athletes.
- All competitors will be allowed three trials in field events apart from a) speed bounce where each athlete is allowed one trial – 20 seconds for U11s and 30 seconds for U13s and U15s, and b) Hi-Stepper – one trial.
- There is no limit to the number of competitors that can be declared by a club.
- Clubs are to allocate a permanent number to each athlete which is to be retained throughout the season. All athletes are potential scorers in all events with the best two to score. Additional number ranges will be allocated if necessary.

1 – 99	Amber Valley & Erewash AC
100 – 199	Derby AC
200 – 299	Chesterfield DAC
300 – 399	Buxton AC
400 – 499	Chesterfield DAC
500 – 599	Spare
600 – 699	Spare

---

# DERBYSHIRE MINI LEAGUE

## SPORTSHALL ATHLETICS

---

700 – 799  
800 – 899

Amber Valley & Erewash AC  
High Peak AC

### AWARDS

- Commemorative awards will be presented at the final match in the league to those athletes who have broken an existing Sportshall League record during the course of the season, provided that record remains in place by the end of the final match of the season. Awards are not given to athletes who break their own existing record.
- An annual trophy will be awarded to the best overall team of the season at the completion of the final competition. This trophy will be retained until the final event of the following season. It is the Team Managers responsibility to return trophies when required.

### INFORMATION FOR TEAM MANAGERS

- Team managers are responsible for making sure that their members report to their event when called. Please ensure that your athletes are well behaved and set a good example.
- Event running orders should be provided to parents by their own club.
- Athletes will pay £4 per competition (£5 per guest athlete) (To be collected by Team managers). Clubs will be invoiced for the total amount after the final fixture of the season.
- It is the team managers' responsibility to ensure that each athlete is wearing their allocated competitor number and to ensure numbers are available at each fixture. Athletes should be told to keep their competitors numbers in good condition and to bring with them each fixture wherever possible. Organisers will not supply spare or replacement numbers.
- Team managers should submit a declaration sheet to the results team before the start of each fixture showing allocated numbers to each athlete. Additional athletes, ie newly allocated numbers, should be high-lighted to assist the results team. It is not necessary to declare names and events as the top 2 performances per club will be automatically calculated by the computerised results programme. Undeclared competitors who take part in an event will not be eligible to earn team points.
- It is the team managers' responsibility to ensure that all competitors who are called away from field events to track races return immediately for their outstanding trials, provided the competition is still in progress.
- U17s can guest but clubs should restrict numbers. Including large numbers of U17s will have time implications for the whole programme. U17s must be clearly indicated on the declaration form.
- Results, running orders and other information will be available on the Derbyshire website <http://derbyshireathletics.org.uk>

### Regional and National Finals

- The teams to represent Derbyshire will be selected by the Mini League Selection Committee after match 4. Selection will be based only on Mini League performances throughout the season of the Final. Athletes should ideally have competed in at least 2 matches that season at the time of selection and be eligible to represent Derbyshire via membership of their club which competes in the Derbyshire Mini League.

# DERBYSHIRE MINI LEAGUE

## SPORTSHALL ATHLETICS

- The U11 Regional Finals format includes several events that our league does not cover (eg. Balance test, target throw). When selecting a team for the final it can be difficult to match athletes to these events as we have no scores to go on. Selection for these events will be at the discretion of the Mini League Committee.
- The Regional Finals for the U13 and U15 competitions AND the U11s Fun in Athletics Final takes place on Sunday 11<sup>th</sup> February 2018. U11 team practice will be on Sunday 28<sup>th</sup> Jan (straight after match 5) 4 – 6pm.
- Team Managers for this competition will be decided by the Mini League Committee.
- The U13 and U15 National Finals will be held on 14<sup>th</sup> and 15<sup>th</sup> April 2018 at Sportcity, Manchester.

### Derbyshire Mini League Programme Sportshall Season 2017/2018

	<u>Under 11 Girls</u>	<u>Under 13 Girls</u>	<u>Under15 Girls</u>	<u>Under 11 Boys</u>	<u>Under 13 Boys</u>	<u>Under 15 Boys</u>
Match 1	1 Lap, 2 Lap, STJ, Chest Push, VHJ, 4x1 Lap Relay	2 Lap, 6 Lap, STJ, Shot, VHJ, 4x2 Lap relay	2 Lap, 4 Lap, Shot, VHJ, 4x2 Lap relay	1 Lap, 2 Lap, STJ, Chest Push, VHJ, 4x1 Lap Relay	2 Lap, 6 Lap, STJ, Shot, VHJ, 4x2 Lap relay	2 Lap, 4 Lap, STJ, Shot, 4x2 Lap Relay
Match 2	1 Lap,3 Lap, SLJ, Hi Stepper, SB, 4x1 Lap Relay	2 Lap, 4 Lap, SLJ, Shot, SB, 4x2 Lap relay	2 Lap, Parlauf, SLJ, Shot, SB, 4x2 Lap relay	1 Lap,3 Lap, SLJ, Hi Stepper , SB, 4x1 Lap Relay	2 Lap, 4 Lap, SLJ, Shot, SB, 4x2 Lap relay	2 Lap, Parlauf, SLJ, Shot, SB, 4x2 Lap relay
Match 3	1 Lap, 2 Lap, STJ, Chest Push, VHJ, 4x1 Lap Relay	2 Lap, Parlauf, STJ, VHJ, 4x2 Lap Relay	2 Lap, 4 Lap, Shot, VHJ, 4x2 Lap relay	1 Lap, 2 Lap, STJ, Chest Push, VHJ, 4x1 Lap Relay	2 Lap, Parlauf, STJ, VHJ, 4x2 Lap Relay	2 Lap, 4 Lap, Shot, STJ, 4x2 Lap relay
Match 4	1 Lap,3 Lap, SLJ, Hi Stepper , SB, 4x1 Lap Relay	2 Lap, 6 Lap, SLJ, Shot, SB, 4x2 Lap relay	2 Lap, 4 Lap, SLJ, Shot, SB, 4x2 Lap relay	1 Lap,3 Lap, SLJ, Hi Stepper , SB, 4x1 Lap Relay	2 Lap, 6 Lap, SLJ, Shot, SB, 4x2 Lap relay	2 Lap, 4 Lap, SLJ, Shot, SB, 4x2 Lap relay
Match 5	1 Lap, 2 Lap, STJ, Chest Push, VHJ, 4x1 Lap Relay	2 Lap, 4 Lap, STJ, Shot, VHJ, 4x2 Lap relay	2 Lap, Parlauf, Shot, VHJ, 4x2 Lap relay	1 Lap, 2 Lap, STJ, Chest Push, VHJ, 4x1 Lap Relay	2 Lap, 4 Lap, STJ, Shot, VHJ, 4x2 Lap relay	2 Lap, Parlauf, Shot, STJ, 4x2 Lap relay
Match 6	1 Lap,3 Lap, SLJ, Hi Stepper , SB, 4x1 Lap Relay	2 Lap, Parlauf, SLJ, SB, 4x2 Lap Relay	2 Lap, 4 Lap, SLJ, Shot, SB, 4x2 Lap relay	1 Lap,3 Lap, SLJ, Hi Stepper , SB, 4x1 Lap Relay	2 Lap, Parlauf, SLJ, SB, 4x2 Lap Relay	2 Lap, 4 Lap, SLJ, Shot, SB, 4x2 Lap relay

### Field Event Officiating Rota

	<i>Match 1 9.10.16</i>	<i>Match 2 23.10.16</i>	<i>Match 3 20.11.16</i>	<i>Match 4 11.12.16</i>	<i>Match 5 8.1.17</i>	<i>Match 6 12.2.17</i>
<b>Shot + Hi-Stepper</b>		AVEAC +HP		DAC		CDAC+HP
<b>Shot + Chest Push</b>	DAC +HP		CDAC		AVEAC+HP	
<b>Speed Bounce</b>		CDAC		AVEAC		DAC
<b>Standing LJ</b>		DAC		CDAC+HP		AVEAC
<b>Vertical HJ</b>	AVEAC		DAC +HP		CDAC	
<b>Standing TJ</b>	CDAC		AVEAC		DAC	

---

# DERBYSHIRE MINI LEAGUE

## SPORTSHALL ATHLETICS

---

Julie Feeney  
Mini League Coordinator  
07980 346909  
Jefeeny24@outlook.com