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# DERBYSHIRE MINI LEAGUE

## TRACK & FIELD ATHLETICS

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### 2016 League Rules.

#### DATES

- The Competitions will take place on the following dates:

Saturday 9<sup>th</sup> April 2016

Saturday 30<sup>th</sup> April 2016

Saturday 4<sup>th</sup> June 2016

Saturday 23<sup>rd</sup> July 2016

All at Moorways Stadium, Derby

- Each Competition will commence at 10am

#### ELIGIBILITY

- All competing athletes must be current first-claim members of the club they are representing.
- Competitors must wear their athletic club's colours (vest or identifiable club T-shirt). Competition points will not be awarded and Mini League records cannot be claimed by athletes who are not wearing club colours. **No club colours, no club points.**
- Athletes must be at least 9 years of age on the date of the competition to compete. Children aged 8 and below are only entitled to enter the U9s' 50m non-scoring race.
- In general, the age groups are: U11s - school years 4 and 5, U13s – Yrs 6 and 7, U15s – Yrs 8 and 9.
- U17s may guest in track races except hurdles, where their age group hurdle specification will not be catered for. They may also guest in HJ, LJ and those throwing events where the implements are being used by U13s and U15s. Implements weighted for U17s will not be supplied and used additionally.
- Athletes may compete outside their age group in order to access a better standard of competition but will be classed as a non-scoring athlete in that age group.
- Guest clubs who are not a Derbyshire club will compete as non-scorers in the match. Guest athletes who better an existing Mini League record in their age group will have this recorded under Guest Records. Guest athletes will be eligible for Athlete of the Match awards.

#### SCORING

- Match points will be awarded in each event as follows:

Individual events: 1<sup>st</sup> 10 pts; 2<sup>nd</sup> 9 pts; 3<sup>rd</sup> 8 pts; 4<sup>th</sup> 7 pts; 5<sup>th</sup> 6 pts; 6<sup>th</sup> 5 pts; 7<sup>th</sup> 4 pts; 8<sup>th</sup> 3 pts; 9<sup>th</sup> 2 pts; 10<sup>th</sup> 1 pt.

Relays: 10 pts; 8 pts; 6 pts; 4 pts; 2 pts.

- League points will be allocated according to the number of eligible teams competing in each match as follows (for a 5 club competition):

1<sup>st</sup> 5pts; 2<sup>nd</sup> 4pts; 3<sup>rd</sup> 3pts; 4<sup>th</sup> 2pts; 5<sup>th</sup> 1pt.

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### OFFICIALS

- Participating clubs must provide Team Managers and Officials at each event. Each club should provide at least one timekeeper and one track judge. Each participating club will be allocated a field event and should provide a team of sufficiently qualified people to run the event (minimum one Level 2). See rota on page 4. Any problems must be notified before the event and not on the day.

### FORMAT

- Two competitors from each athletic club will be eligible to score in each individual event and one team from each athletic club will be eligible to score in a relay.
- Track events will be run in one or more races (heats) dependent on the number of competitors. The allocation of points towards the team score will be as follows: in the case of there being only one race, the points are based on the order returned by the track judges; where there is more than one heat, the points are based on performances (regardless of the finishing position in the heat), i.e. a time-trial, with points shared in the event of scoring athletes recording the same time.
- The allocation of points towards the team score in field events will be based on the best performance of each athlete as reported back by the field judges. UKA Rules 121 (7), 126 (2,3), 130(2,3).
- Under 11 girls and boys may only compete in **two events plus a relay**. They cannot take part in any other events, even as a non-scorer.
- Under 13 and Under 15 girls and boys may only compete in **three events plus a relay**. They cannot take part in any other events, even as a non-scorer.
- Non-scoring 50m races will be held for the under 9s. They may not score or guest in any other event.
- **Any competitor competing in more than the allowed number of events will automatically be classed as a non-scorer in all the events in which they may have participated.**
- Competitors must wear clearly visible identification numbers (see below).
- All competitors will be allowed three trials in field events, with the exception of high jump.
- There is no limit to the number of competitors that can be declared by a club although large numbers have an obvious time impact on the whole meeting.
- Clubs are to allocate a permanent number to each athlete which should be retained throughout the season. All athletes are potential scorers in all events with the best two to score. Additional number ranges will be allocated if necessary. Clubs must purchase their own stock of numbers.

1 – 99 and 700 - 799	Amber Valley & Erewash AC
100 – 199	Derby AC
200 – 299 and 400 – 499	Chesterfield DAC
300 – 399	BADYS
500 – 599	Buxton
600 – 699	Heanor RC
800 – 899	High Peak AC

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### AWARDS

- Where an existing League record has been bettered during the course of the 2016 season (provided it is still in place by the end of match 4) the athlete will be awarded a 'Record Breakers' medal. Medals will not be awarded for equalling an existing record, bettering one's own existing record or in those events where the competition season sees the introduction of a new discipline or where national guidelines change implement specifications.
- An annual trophy will be awarded to the best overall team of the season at the completion of the final competition. This trophy will be retained until the final event of the following season. It is each Team Manager's responsibility to return trophies when required.
- The Mini League 'Plate' competition introduced in 2015 will continue, giving the county's smaller clubs their own 'league within a league'. Any club with a junior section that is not wholly based at a competition or training standard track is eligible.

### INFORMATION FOR TEAM MANAGERS

- Team managers are responsible for making sure that their members report to their event when called. Please ensure that your athletes are well behaved and set a good example.
- Event running orders should be provided to parents by their own club.
- Athletes will pay £3 per competition (£4 per guest athlete) (To be collected by Team managers). Clubs will be invoiced for the total amount after the final fixture of the season.
- It is each team manager's responsibility to ensure that each athlete is wearing their allocated competitor number and to ensure numbers are available at each fixture. Athletes should be told to keep their competitors numbers in good condition and to bring with them each fixture wherever possible. Organisers will not supply spare or replacement numbers.
- Team managers must submit a declaration sheet to the results team before the start of each fixture showing allocated numbers to each athlete. Additional athletes, i.e. newly allocated numbers, should be high-lighted to assist the results team. It is not necessary to declare names and events as the top 2 performances per club will be automatically calculated. Undeclared competitors who take part in an event will not be eligible to earn team points.
- It is each team manager's responsibility to ensure that competitors who are called away from field events to track races return immediately for their outstanding trials, provided the competition is still in progress.
- U17s can guest but clubs should restrict numbers. Including large numbers of U17s will have time implications for the whole programme. **U17s must be clearly indicated on the declaration form.**
- Results, running orders and other information will be available on the Derbyshire website [derbyshireathletics.org.uk](http://derbyshireathletics.org.uk)

### Young Athletes Inter-Counties Competition

- This event will take place on 10<sup>th</sup> September 2016 at Nuneaton hosted by Warwickshire.
- The team to represent Derbyshire will be selected by the Mini League Committee. Selection will be based only on Mini League and County Championships track and field performances throughout the season. Athletes who compete in Mini League by virtue of their membership of a Derbyshire club will be eligible to represent

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Derbyshire. Age groups are restricted to U13 and U15 athletes only. Athletes must have taken part in at least one Mini League match to be eligible for selection.

- Team Managers for this competition will be decided by the Mini League Committee.

### Derbyshire Mini League Programme Track and Field Season 2016

	<u>Under 11 Girls</u>	<u>Under 13 Girls</u>	<u>Under 15 Girls</u>	<u>Under 11 Boys</u>	<u>Under 13 Boys</u>	<u>Under 15 Boys</u>
Match 1	80m, 150m, 600m, High Jump, 4 x 100m relay	70m Hurdles, 100m, 200m, 800m, Long Jump, Shot, Discus 4 x 100m relay	75m Hurdles, 100m, 200m, 800m, High Jump, Shot, Discus, 4 x 100m relay	80m, 150m, 600m, Long Jump, 4 x 100m relay	75m Hurdles, 100m, 200m, 800m, High Jump, Shot, Discus 4 x 100m relay	80m Hurdles, 100m, 200m, 800m, Long Jump, Shot, Discus, 4 x 100m relay
Match 2	80m, 150m, 600m, Long Jump, Howler Jav, 4 x 100m relay	70m Hurdles, 100m, 200m, 1500m, High Jump, Shot, Javelin 4 x 100m relay	75m Hurdles, 100m, 300m, 1500m, Long Jump, Shot, Javelin, 4 x 100m relay	80m, 150m, 600m, High Jump, Howler Jav, 4 x 100m relay	75m Hurdles, 100m, 200m, 1500m, Long Jump, Shot, Javelin 4 x 100m relay	80m Hurdles, 100m, 300m, 1500m, High Jump, Shot, Jav, 4 x 100m relay
Match 3	80m, 150m, 600m, High Jump, 4 x 100m relay	70m Hurdles, 100m, 200m, 800m, Long Jump, Shot, Discus 4 x 100m relay	75m Hurdles, 100m, 200m, 800m, High Jump, Shot, Discus, 4 x 100m relay	80m, 150m, 600m, Long Jump, 4 x 100m relay	75m Hurdles, 100m, 200m, 800m, High Jump, Shot, Discus 4 x 100m relay	80m Hurdles, 100m, 200m, 800m, Long Jump, Shot, Discus, 4 x 100m relay
Match 4	80m, 150m, 600m, Long Jump, Howler Jav, 4 x 100m relay	70m Hurdles, 100m, 200m, 1500m, High Jump, Shot, Javelin 4 x 100m relay	75m Hurdles, 100m, 300m, 1500m, Long Jump, Shot, Javelin, 4 x 100m relay	80m, 150m, 600m, High Jump, Howler Jav, 4 x 100m relay	75m Hurdles, 100m, 200m, 1500m, Long Jump, Shot, Javelin 4 x 100m relay	80m Hurdles, 100m, 300m, 1500m, High Jump, Shot, Jav, 4 x 100m relay

#### Rota for Field Officiating Responsibility

	Match 1	Match 2	Match 3	Match 4
<b>HJ</b> (then move to Howler Jav once HJ is finished, <i>matches 2 &amp; 4 only</i> )	Blackwell, Buxton, Heanor, High Peak	AVEAC	CDAC	Derby AC
<b>LJ</b>	Derby AC	Blackwell, Buxton, Heanor, High Peak	AVEAC	CDAC
<b>Shot</b>	CDAC	Derby AC	Blackwell, Buxton, Heanor, High Peak	AVEAC
<b>Discus</b>	AVEAC	N/A	Derby AC	N/A
<b>Javelin</b>	N/A	CDAC	N/A	Blackwell, Buxton, Heanor, High Peak

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Please note that discus and javelin WILL NOT take place unless there is at least one qualified official to Level 2b present on that event. All Field Officials have to have attended an H&S course to operate within the throwing sectors (including the shot).

Clubs should come prepared to officiate on the field events above. Spare or additional officials / volunteers may be used on other disciplines.

Field officials should note that whilst the Mini League format is quite informal by nature, we cannot allow field events to be held over indefinitely whilst waiting for athletes to return from other events (and certainly never lowering the HJ bar for those returning). If in doubt please ask the Field Referee or myself for clarification.

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