

MATCH 4 Saturday 23rd July 2016
PROGRAMME OF EVENTS
TRACK
FIELD

10.00am	70m Hurdles	U13G
	75m Hurdles	U13B
	75m Hurdles	U15G
	80m Hurdles	U15B
	80m	U11G U11B
	100m	U13G U13B U15G U15B
	50m	U9's
	15 min break for officials	
	600m	U11G U11B
	1500m	U13G U13B U15G U15B
	150m	U11G U11B
	200m	U13G U13B
	300m	U15G U15B
	4 x 100m	U11G U11B U13G U13B U15G U15B

Long Jump

10.00	U11G
11.00	U13B
12.00	U15G

High Jump

10.00	U11B
10.45	U13G
11.30	U15B

Shot

10.00	U13G
10.45	U13B
11.30	U15G
12.15	U15B

Javelin

10.00	U15G
10.45	U15B
11.30	U13G
12.30	U13B

Howler Javelin

12.15	U11G
12.45	U11B

All start times are approximate

U17 women and men can compete as guests with U15s in track events (not hurdles) and in certain field events where U17 weight implements are the same as U15 implements used.

Results available on
<http://derbyshireathletics.org.uk>

