

Saturday 10th May 2025

Time

Track

Field

T1		9.50	5000m	Sen m/W	N & D	Final	F1	9.30	Hammer	Sen/35-49 men
T2		10.30	300m H	U17W	N & D	Final				
T3		10.40	400m H	U20/Sen W	N	Final	F2	10.00	Long Jump	U13B
T4		10.50	400m H	U17M	N & D	Final				
T5		11.00	400m H	U20/ Sen M	N & D	Final	F3	10.00	Shot	U15G
Q1		11.05	Quad Kids	75m	N	Heats				
T6		11.20	800m	U15G	N	Final	F4	10.15	Pole Vault (1.50m)	U15/17/20 m & W
T7		11.25	800m	U15G	D	Final				
T8		11.30	200m	U13B	N	Final	F5	11.00	Hammer	U15/20/ 50+ Men
T9	<i>to T41</i>	11.35	200m	U13B	D	Heats				
T10		11.40	200m	U15B	N	Final	F6	11.15	Shot	U13G
T11		11.45	200m	U15B	D	Final				
T12		11.50	3000m	U17/20W	N & D	Final	F7	11.30	Triple Jump	U15/17/20/Sen W
T13		12.05	3000m	U17/20M	N & D	Final				
T14	<i>to T34</i>	12.20	200m	U17M	N	Heats	F8	12.15	Discus	U15/17 W
T15	<i>to T35</i>	12.30	200m	U17M	D	Heats				
T16		12.35	200m	U20M	N	Final	Q2	12.30	Quad Kids	Long Jump
T17		12.40	200M	U20M	D	Final				
T18		12.45	100m	U13G	N	Final	Q3	12.30	Howler	Quad Kids
T19	<i>to T30</i>	12.50	100m	U13G	D	Heats				
T20		12.55	100m	Mst 35-59 M	N & D	Final	F9	12.30	High Jump	U15G
T21		13.00	100m	Mst 60+ M	N & D	Final				
T22	<i>to T45</i>	13.05	100m	U17W	N	Heats	F10	12.45	Pole Vault (1.50m)	Sen/ Mst M& W
T23		13.10	100m	U17W	D	Final				
T24		13.20	200m	Sen W	N & D	Final	F11	13.45	High Jump	U13G
T25		13.30	1500m	U13B	N & D	Final	F12	13.45	Dlscus	U20/Sen/Mst W
T26		14.30	1500m	U15B	N & D	Final				
T27		14.40	1500m	U20M	N & D	Final	F13	14.15	Shot	U17W
T28	<i>to T42</i>	14.50	200m	Sen M	N	Heats				
T29		14.55	200m	Sen M	D	Final	F14	14.30	Long Jump	U17/20M
T30	<i>see T19</i>	15.00	100m	U13G	D	Final				
T31	<i>to T43</i>	15.05	100m	U15G	N	Heats	F15	14.45	Javelin	U13/15B
T32	<i>to T44</i>	15.10	100m	U15G	D	Heats				
T33		15.20	400m	U20W	N & D	Final	F16	15.15	Shot	U20/Sen/ Mst W
Q4		15.25	600m	Quadkids	N	Heats				
T34	<i>see T14</i>	15.50	200m	U17M	N	Final	F17	16.15	Javellin	U17/20/Sen M
T35	<i>see T15</i>	15.55	200m	U17M	D	Final				
T36		16.00	100m	U20/Sen W	N & D	Final	F18	16.30	High Jump	U17/20/Sen Mst W
T37		16.05	100m	Mst W	N & D	Final				
T38		16.10	300m	U15G	N	Final	F19	16.30	Long Jump	Sen/Mst M
T39		16.15	300m	U15G	D	Final				
T40		16.20	300m	U15B	N & D	Final	F20	17.30	Long Jump	u15B
T41	<i>see T9</i>	16.25	200m	U13B	D	Final				
T42	<i>see T28</i>	16.30	200m	Sen M	N	Final	F21	17.30	Javelin	Mst Men
T43	<i>see T31</i>	16.35	100m	U15G	N	Final				
T44	<i>see T32</i>	16.40	100m	U15G	D	Final				
T45	<i>see T22</i>	16.45	100m	U17W	N	Final				
T46		16.50	800m	U13G	N	Final				
T47		16.55	800m	U13G	D	Final				
T48		17.00	800m	U17/20W	N	Final				
T49		17.05	800m	U17/20W	D	Final				
T50		17.10	800m	Sen W	N & D	Final				
T51		17.15	800m	U17M	N	Final				
T52		17.20	800m	U17M	D	Final				
T53		17.25	800m	Sen M	N & D	Final				
T54		17.45	4 x 100m	Female	N & D	Final	Relay declarations will be between 16.00 and 16.45			

Sunday 11th May 2025

Time

Track

Field

T55		9.50	3000m	Sen/ master W	N & D	Final	F22	9.30	Hammer	U15/17W
T56		10.10	3000m	Master Men	N & D	Final				
T57		10.30	1500m	U17M	N & D	Final	F23	9.45	Long Jump	U13G
T58		10.40	1500m	Sen M	N & D	Final	F24	9.45	Long Jump	U13G
T59		10.45	300m	U17W	N	Final				
T60		10.50	300m	U17W	D	Final	F25	10.00	High Jump	U13/15B
T61	<i>to T66</i>	11.00	70m H	U13G	D	Heats				
T62		11.00	70m H	U13G	N	Final	F26	10.00	Shot	U17/20/Sen M
T63		11.10	1500m	U15G	N & D	Final				
Q5		11.20	75m	Quad Kids	D	Heats	F27	10.45	Hammer	Sen/Master W
T64		11.40	800m	U20M	N & D	Final				
T65		11.45	1500m	Sen W	D	Final	F28	11.00	Long Jump	U17/20W
T66	<i>see T61</i>	12.00	70m H	U13G	D	Final				
T67		12.10	75m H	U15G	N & D	Final	F29	11.15	Shot	Master Men
T68		12.20	75m H	U13B	N & D	Final				
T69		12.30	80m H	U17W	N & D	Final	F30	11.45	Discus	U15B
T70		12.40	80m H	U15B	N & D	Final				
T71		12.50	100m H	U20/Sen W	N & D	Final	F31	11.45	Javelin	U13G
T72		12.45	100m H	U17M	N	Final				
T73		12.55	110m H	U20/Sen M	N & D	Final	F32	12.15	Triple Jump	Sen/Mst M
T74	<i>to T82</i>	13.00	200m	U15G	N	Heats				
T75	<i>to T83</i>	13.10	200m	U15G	D	Heats	F33	12.45	Discus	U17/20 m
T76	<i>To T109</i>	13.15	200m	U17W	N	Heats				
T77	<i>To T110</i>	13.20	200m	U20W	N	Heats	F34	13.30	High Jump	Sen/ Mst M
T78		13.25	1500m	U17W	N & D	Final				
T79		13.35	1500m	U13G	N & D	Final	Q6	13.30	Howler	Quadkids
							Q7	13.30	Long Jump	Quadkids
T80	<i>To T104</i>	14.30	100m	U17M	N	Heats				
T81	<i>To T93</i>	14.40	200m	U13G	D	Heats	F35	13.30	Javelin	U15G
Q8		14.45	600m	Quadkids	D	Heats				
T82	<i>See T74</i>	15.05	200m	U15G	N	Final	F36	13.30	Discus	M50+ Men
T83	<i>See T75</i>	15.10	200m	U15G	D	Final				
T84		15.15	400m	Sen M	N & D	Final	F37	13.45	Triple Jump	U15/17 Men
T85		15.20	400m	35-59 Mst Men	N & D	Final				
T86		15.25	400m	Mst 60+ Men	N & D	Final	F38	13.45	Shot	U13/15B
T87		15.30	800m	U13B	N	Final				
T88		15.35	800m	U13B	D	Final	F39	14.45	Discus	Sen/ 35-49 Men
T89		15.40	800m	U15B	N	Final				
T90		15.45	800m	U15B	D	Final	F40	14.45	Long Jump	Sen/ Mst W
T91		15.55	1500m	U20W	N & D	Final				
T92		16.05	200m	U13G	N	Final	F41	15.00	High Jump	U17/20 M
T93	<i>See T81</i>	16.10	200m	U13G	D	Final				
T94		16.20	400m	Sen W	N	Final	F42	16.00	Long Jump	U15G
T95		16.25	400m	Mst Women	N & D	Final	F43	16.00	Long Jump	U15G
T96		16.30	400m	U17M	N	Final				
T97		16.35	400m	U17M	D	Final	F44	16.00	Javelin	U17/20W
T98		16.40	400m	U20M	N & D	Final				
T99		16.45	100m	U13B	N	Final	F45	17.00	Javelin	Sen/Mst W
T100		16.50	100m	U13B	D	Final				
T101		16.55	100m	U15B	N	Final				
T102		17.00	100m	U15B	D	Final				
T103		17.05	100m	U17M	D	Final				
T104	<i>see T80</i>	17.10	100m	U17M	N	Final				
T105		17.15	100m	U20M	N	Final				
T106		17.20	100m	U20M	D	Final				
T107		17.25	100m	Sen M	N & D	Final				
T108		17.30	200m	U17/20W	D	Final				
T109	<i>see T76</i>	17.35	200m	U17W	N	Final				
T110	<i>See T77</i>	17.40	200m	U20W	N	Final				
T111		17.50	4 x 100m	Male	N & D	Final	Relay declarations will be between 16.00 and 16.45			