

**Timetable Saturday 11th May 2019**

		<b>Track</b>				<b>Field</b>			
T1	9.55	u17w	300m H	N & D	F		9.45		
T2	10.05	u20/ Sen W	400m H	Notts	F	F1 Hammer		Sen/Mst M	N & D
T3	10.15	u20m - u17m	400m H	N & D	F		10.00		
T4	10.25	Sen M	400m H	N & D	F	F2 Long Jump		u13b	Notts
T5	10.30	u15g	100m	Derby	F	F3 Long Jump		u13b	Derby
T6		to T47 u15g	100m	Notts	H	F4 High Jump		U13g	N & D
T7	10.45	U20/Sen W	100m	N & D	F	F5 Shot		Mst W	N & D
T8	10.50	u17/20/Sen w	3000m	N & D	F		10.45		
Q1	11.05	Quad Kids	75m	Notts		F6 Pole Vault		Female	N & D
T9	11.25	u13b	1500m	N & D	F		11.00		
T10	11.30	u20m	1500m	N & D	F	F7 Hammer		u15/17/20m	N & D
T11	11.35	Master M 50-59, 60+	100m	Notts	F		11.15		
T12	11.40	Master M 35-49	100m	N & D	F	F8 Long Jump		u15b	N & D
T13	11.45	u17w	100m	Notts	F		11.30		
T14	11.50	to T48 u17w	100m	Derby	H	F9 Shot		u13g	N & D
T15	12.00	u20/Sen w	800m	N & D	F		12.15		
T16	12.05	u13b	75m H	N & D	F	F10 Discus		U15/17W	N & D
T17		u15b	80m H	Derby	F	Q2 Long Jump		Quad Kids	Notts
T18	12.20	u17m	100m H	N & D	F	Q3 Howler		Quad Kids	Notts
T19	12.25	Master W	3000m	N & D	F		12.30		
T20	12.45	u20m	110m H	N & D	F	F11 High Jump		u17/20/S/M W	N & D
T21		Sen M	110m H	Notts	F				
T22	13.00	to T66 u17m	800m	Notts	H				
T23	13.05	u17m	800m	Derby	F				
T24	13.10	u13g	800m	Notts	F		13.15		
T25	13.15	to T55 u13g	800m	Derby	H	F12 Pole Vault		Male	N & D
T26	13.25	to T56 u15g	800m	Derby	H		13.30		
T27	13.35	to T57 u15g	800m	Notts	H	F13 Discus		U20/Sen W	N & D
T28	13.45	u15b	300m	Notts	F				
T29	13.50	u15b	300m	Derby	F				
T30	13.55	Women	1500m S/C	N & D	F				
T31	14.30	U17M	1500m S/C	N & D	F		14.00		
T32	14.40	U20/Sen M	2000m S/C	Notts	F	F14 Triple Jump		u15g	N & D
T33	14.50	Master W 35-49	100m	N & D	F	F15 Shot		u15g	Derby
T34		Master W 50-59	100m	Notts	F	F16 Shot		u15g	Notts
T35	14.55	to T45 u13g	100m	Notts	H				
T36	15.00	to T46 u13g	100m	Derby	H		15.00		
Q4	15.05	Quad Kids	600m	Notts	F	F17 Javelin		u17/20/Sen M	N & D
T37	15.15	Sen M	5000m	N & D	F		15.15		
T38	15.35	to T62 u13b	200m	Notts	H	F18 Triple Jump		u17/20/Sen W	N & D
T39		u13b	200m	Derby	F		15.30		
T40	15.45	to T63 u15b	200m	Derby	H	F19 High Jump		u15g	N & D
T41		u15b	200m	Notts	F	F20 Shot		u17/20w	N & D
T42	15.55	to T52 u17m	200m	Notts	H				
T43	16.00	u17m	200m	Derby	F				
T44	16.05	u17m	3000m	N & D	F		16.15		
T45	16.15	u13g	100m	Notts	F	F21 Long Jump		Sen/ Mst M	N & D
T46	16.20	u13g	100m	Derby	F				
T47	16.25	u15g	100m	Notts	F				
T48	16.30	u17w	100m	Derby	F				
T49	16.35	u15b	1500m	N & D	F				
T50	16.45	u17w	800m	N & D	F		16.45		
T51	16.55	u20w	400m	N & D	F	F22 Javelin		u13/15b	N & D
T52	17.00	u17m	200m	Notts	F				
T53	17.05	u20m	200m	Notts	F				
T54	17.10	u20m	200m	Derby	F				
T55	17.15	u13g	800m	Derby	F				
T56	17.20	u15g	800m	Derby	F				
T57	17.25	u15g	800m	Notts	F				
T58	17.30	Sen M	200m	Derby	F		17.30		
T59	17.35	Sen M	200m	Notts	F	F23 Long Jump		u17/20m	N & D
T60	17.40	Sen W	200m	Notts	F				
T61	17.45	Sen W	200m	Derby	F				
T62	17.50	u13b	200m	Notts	F				
T63	17.55	u15b	200m	Derby	F				

T64	18.00	Sen M	800m	Notts	F				
T65	18.05	Sen M	800m	Derby	F				
T66	18.10	u17m	800m	Notts	F				
T67	18.15	Female	4 x 100m	N & D	F				Relay declaration between 16.15 to 17.00

**Timetable Sunday 12th May 2019**

		<i>Track</i>				<i>Field</i>			
T68	10.10	Sen W	1500m	N & D	F		9.45		
T69		u17/20 W	1500m	N & D	F	F24 Hammer		u20/S/M W	N & D
T70	10.25	u17m	1500m	N & D	F				
T71		Sen M	1500m	N & D	F		10.00		
T72	10.40	to T87	u15b	800m	Notts	H	F25 Long Jump Notts	u13g	N & D
T73	10.45	to T88	u15b	800m	Derby	H	F26 Long Jump Derby	u13g	N & D
T74	10.55		u13b	800m	Notts	F	F27 High Jump	u13b	N & D
T75		to T108	u13b	800m	Derby	H	F28 Shot	Sen & 35-49 M	N & D
T76	11.05	to T110	u17m	100m	Notts	H		10.45	
T77			u17m	100m	Derby	F	F29 Shot	M 50-59, 60+ M	N & D
Q5	11.15	Quad Kids	75m	Derby		F30 Hammer		u15/17w	N & D
T78	11.30		u15g	1500m	Notts	F	F31 Long Jump	u20/s/m w	N & D
T79	11.40		u15g	1500m	Derby	F		11.15	
T80	11.50		u13g	1500m	N & D	F	F32 High Jump	u15b	N & D
T81	12.00		u13g	70m H	Derby	F		12.00	
T82			u13g	70m H	Notts	H	F33 Shot	u17/20m	N & D
T83	12.10		u15g	75m H	Derby	F	F34 Discus	Sen/ Mst M	N & D
T84			u15g	75m H	Notts	F	Q6 Howler	Quad Kids	Derby
T85	12.20		u17w	80m H	N & D	F	Q7 Long Jump	Quad Kids	Derby
T86	12.25		u20/ Sen w	100m H	Notts	F			
T87	12.30		u15b	800m	Notts	F			
T88			u15b	800m	Derby	F		12.45	
T89	12.40	to T109	u13b	100m	Notts	H	F37 High Jump	u17/20m	N & D
T90			u13b	100m	Derby	F		13.00	
T91	12.45		u20m	800m	Notts	F	F35 Long Jump Notts	u15g	N & D
T92			u20m	800m	Derby	F	F36 Long Jump Derby	u15g	N & D
T93	12.55		Sen M	100m	Notts	F			
T94	13.00		u13g	200m	Notts	F			
T95	13.05		u13g	200m	Derby	F			
T96	13.10	to T118	u17w	200m	Derby	H			
T97	13.15		Sen M	400m	N & D	F			
T98	13.20		Master M35-49,	400m	Notts	F		13.45	
T99	13.25		Master M50-59, 60+	400m	Notts	F	F38 Javelin	u17/20/S W	N & D
T100			Master M	400m	Derby	F	F39 Triple Jump	u15/17m	N & D
T101	14.15		U20/Master M	3000m	N & D	F			
T102	14.30	to T120	u15g	200m	Notts	H			
T103		to T121	u15g	200m	Derby	H		14.00	
T104	14.40		u17w	300m	Notts	F	F40 High Jump	Sen/Mst M	N & D
T105			u17w	300m	Derby	F			
T106	14.45		Sen/ Master W	400m	N & D	F			
T107			u20m	400m	N & D	F			
T108	14.50		u13b	800m	Derby	F		15.00	
Q8	14.55	Quad Kids	600m	Derby	F	F41 Shot		u13/15b	N & D
T109	15.10		u13b	100m	Notts	F			
T110	15.15		u17m	100m	Notts	F			
T111	15.20		u20m	100m	Notts	F			
T112	15.25		u20m	100m	Derby	F		15.15	
T113	15.30		u15b	100m	Notts	F	F42 Triple Jump	U20/Sen/M M	N & D
T114	15.35		u15b	100m	Derby	F	F43 Discus	u15/17/20m	N & D
T115	15.40		u17m	400m	Notts	F		15.30	
T116	15.45		u17m	400m	Derby	F	F44 Javelin	u13/15g	N & D
T117	15.50		u17w	200m	Notts	F		16.30	
T118	15.55		u17w	200m	Derby	F	F45 Long Jump	u17w	N & D
T119	16.00		u20w	200m	N & D	F			
T120	16.05		u15g	200m	Notts	F			
T121	16.10		u15g	200m	Derby	F			
T122	16.30	Male	4 x 100m	N & D	F				Relay declaration between 14.15 to 15.00